



Rotary District 3233 | UNITE FOR GOOD



TOWERS TIMES

Bulletin of Rotary Club of Chennai Towers
Volume 28 Issue 1



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Chartered on 10th June, 1998.
Charter number: 51278



Rtn. Venkatesh R
President



Rtn. Dr. Vignesh Pushparaj
Secretary

President's Note

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My Dear RCCT family,

Warm Rotary Greetings !

As we begin another year of Friendship & service, it gives me immense pride to lead our club for the year 2025-26. Our club has been built with a strong leadership foundation, and I am fortunate to have fellow members who are fully committed to the Rotary ideal of Service Above Self.

I want to extend my sincere gratitude to our outgoing president, Rtn Shalin, and his board for their dedication and hard work over the past year. They have truly done a remarkable job.

The RI President's theme for the year 'unite for good' resonates on a personal level and I believe a small service projects can be done by any individual but when we are a 50 member strong club (hopefully 55 strong in the next few months) - we need to think big.

Our signature project for the year 'The Vocational Skilling & Community centre' is a very ambitious project which on completion will be able to train and place 3000 youngsters every year on varied work ready skills. The land has been generously donated by the Madras Seva Sadan - a very well-known charitable organisation in the city, who will be celebrating their 100 years of service next year. The training partner is the Tech Mahindra Foundation - the CSR wing of the prestigious Mahindra group. This centre will work as a hub for Tech M's skill training. We have signed the MOU and completed the Bhoomi puja, the work is going in full flow, and we hope to complete phase 1 by April 26.

As a Club we have always been deeply committed to community health projects. Our 3 ongoing initiatives - Bala Nethra, Scoliosis surgeries and mobile clinic for Hepatitis screening will continue this year.

We have a packed list of projects in CSD, Literacy and women empowerment. The respective avenue Directors are a highly motivated bunch, so I have complete faith that they will do an extraordinary job. Last year, we launched Akshayam, a truly deserving project that provides food packets every Thursday to patient attendees at the Adyar Cancer Hospital. This year we are taking it a few notches higher with "Akshayam 365" - where we are going to feed 100 people every day for the next 365 days. I would like to thank Rtn. Anand and Saranya for their incredible generosity in sponsoring the entire cost of 15 lakhs towards this project.

As part of our environmental service, we are working on a lake cleaning initiative, and we will update the club once there is more clarity on our deliverables. We plan to add 2 Rotaract and 1 interact school this year. We have already added Saveetha College of Physiotherapy and are in talks with another college and school. Fellowship has always been the foundation of RCCT, this year - like all years before there will be a strong emphasis on member engagement and family participation. Club service director Rtn Sam has the entire year planned with exciting events. Get ready for an amazing club trip to CGH Marari Beach, Mararikulam. We are also planning a ladies trip in Jan 2026 and there is a boys trip in the works too.

Our signature event Voice of District is scheduled to be held on 9th November, Our VOD Chair Rtn. Copal has started planning the event and I am very sure it will be great success.

With the support of my board and club I hope to achieve this and much more during the year.

Regards,

Rtn. Venkatesh



Editor's Note

Greetings RCCT !

Our club bulletin "Towers Times" carries more than just news - it reflects the spirit and rhythm of the club.

Despite having held this post earlier, it was with a little trepidation I took up the responsibility. Stepping into the shoes of Paddy is overwhelming. A lineage built with dedication & creativity. I am confident that with the support of the entire club & President Venkatesh & Team 25 -26 that I will be able to deliver the goods. I would like to add that Ann. Carmelita is part of my team & I am looking forward to work with her.

Thus, I begin this journey with a promise to do my best & try live up to this legacy. The weight of responsibility reminds me that stories matter. That every update, every photograph, every reflection shared here helps us connect, celebrate, and grow stronger together. I seek the collective resources of the club in this journey for the next 12 months.

Looking forward to yet another year of vibrant storytelling and shared pride in who we are and what we stand for.

Sincerely

Rtn. Jayashree



TEAM 2025-2026



Rtn. R. Venkatesh
President



Rtn. Shalin Shah
Immediate Past President



Rtn. Dr. Sumedha Nandakumar
President Elect



Rtn. Dr. Vignesh Pushparaj
Secretary



Rtn. Pravin Paul Jayabal
Treasurer



Rtn. PP. Eashwar Prasad
Advisor



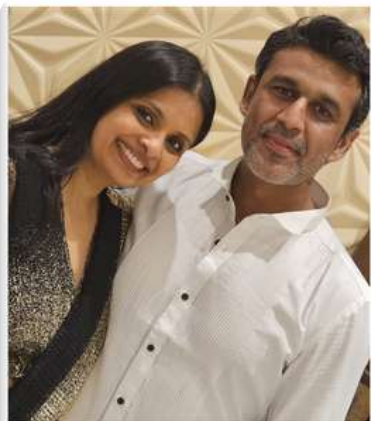
Rtn. Samuel Mathew
Club Service



Rtn. Rojarajan M
Community Service
Development



Rtn. Dr. Vivek Shanmugam
Community Service Health



Rtn. Adithya Roongta
Youth Service



Rtn. Satish Kandimalla
Vocational Service



Rtn. Vinay Asrani
International Service



Rtn. Padmaja Venketram
Membership



Rtn. Sriram Raju
The Rotary Foundation



Rtn. G S Prasad
Literacy



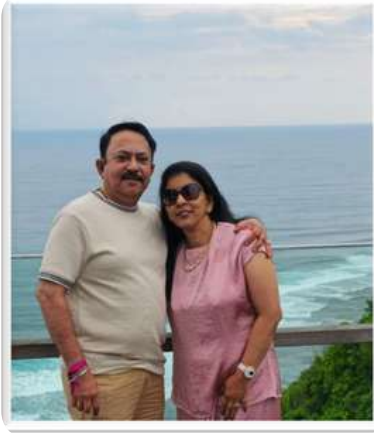
Rtn. Anand Krishnan R
Public Image



Rtn. Rtn. Aarthi Varanasi
Women Empowerment



Rtn. Rukmani Mohan
Polio Chair



Rtn. Srikumar M
Sergeant-at-Arms



Rtn. Binoy Pillai
Sergeant-at-Arms





Community Service Development

Director: Rtn. Rojarajan



Akshayam

3rd & 10th July 2025
Cancer Institute Adyar

Our weekly project of distribution of food packets at Cancer Institute Adyar continued
with support from members and their families.

Thanks to Rtn Rukmani & Ann Anuradha for their time & efforts in
helping distribute the food.



Little Drops

15th July 2025

Little Drops, Somangalam

RCCT projects 25-26 had a wonderful start, thanks to Rtn. Sriram & Ann Shoba for sponsoring meals for 450 residents at Little Drops. This initiative, launched in 2009 during Rtn. Sriram's presidency, marks our 16th year of service. The residents beaming smiles lit up our day, reminding us of our blessings.

Heartfelt thanks to President Venkatesh, Rtns. Rojarajan, Sathish Kandimalla & Shyam, Anns. Mala, Radha and Priya, and all who contributed their time and support.

May our community continue to flourish with kindness and generosity! Every visit to Little Drops fills our hearts with joy and gratitude, and we are grateful for this opportunity to serve. We are also proud to be a part of this meaningful project and look forward to many more years of making a difference.





Community Service Medical

Director: Rtn. Dr. Vivek Shanmugam



Medical Camp

2nd July 2025
Velammal Vidyalaya, Avadi

Total Count - 99
Diabetes - 14
Systemic Hypertension - 7
Hepatitis B - 1
Hepatitis C - Nil



Medical Camp

13th July 2025

Eco Park, Upparapalayam, Pothur

Total Count - 85

Diabetes - 19

Systemic Hypertension - 15

Hepatitis B - 1

Hepatitis C - Nil



Medical Camp

26th July 2025

Tamil Nadu Housing Board, Korattur

Total Count -73

Diabetes -23

Systemic Hypertension - 17

Hepatitis B - Nil

Hepatitis C - Nil



Medical Camp

27th July 2025

E.C.I St. Thomas Church, Gummidipoondi

Total Count - 80

Diabetes - 14

Systemic Hypertension - 14

Hepatitis B - 1

Hepatitis C - Nil



Medical Camp

28th July 2025

Cochin house, New Police quarters, Anderson Road

Total Count - 82

Diabetes - 7

Systemic Hypertension - 12

Hepatitis B - Nil

Hepatitis C - Nil



Ongoing Projects



Retteri Dialysis Centre

Corporation Urban Primary Health Center, RCCT &
TANKER Foundation Dialysis Unit

Total Patients : 48
Total dialysis per day: 20
Total Dialysis: 519





Club Service

Director: Rtn. Samuel Mathew



Installation

13th July 2025

GRT Grand, T Nagar

Pardon me for my candor, but was 13th evening an installation function or a constellation of celebrities from the Rotary world. To be more frank, I was quiet throughout the drive to the venue calming my nerves by focusing on my breath whilst driving. The stature and reputation of the Chief Guest PRIP Rtn. K R Ravindran, is such that he would attract dignitaries from the Rotary world just like bees are attracted to a garden. So I was hoping for a glitch free event given our reputation for exceeding execution prowess at every event & creating a new high for ourselves as a Club. The first sigh of relief I got was when I was welcomed by the radiating smile from the ever gorgeous spouse of our Club Krishna. When I entered the room & as it began filling with people, it truly felt like a garden, all the ladies draped in beautiful sarees like the summer flowers & the men sharp in their suits like the stems that bear these flowers.

As the evening progressed & one speech after another was crisp & sharp, I couldn't help but notice the respect people had for our Club & its important events. For the first time in 28 years of its existence our Club received a new compliment - we are a Happy Club. That trophy of praise from the Chief Guest, who as many of you would agree & acknowledge, came from a place of comfort in his heart. He made us feel as easy as we made him feel. There were no pretence or protocol of having been a PRIP, no pride in knowing that a galaxy of PDGs showed up just to exchange pleasantries with him & indeed no inadequacy of exemplum.

That my dear friends changed the way I viewed our RCCT family (extending my thoughts on Sanjey's speech). We were known as a Fun Club, a Rocking Club etc, etc with so many plaudits used to describe this family, yet never once in these 28 years of having been a part of this wonderful family, has anyone eulogised us in one compelling compliment. That speaks well for the RY 2025-26, we should all endeavour to carry this happiness & KISS - Keep It Simple & Sweet into our projects. Everyone was witness to the rest of what happened in the evening, it was nothing short of a fest. May we continue to forge new friendships & water the matured, stay mischievous & yet make a difference to one other life, so that when the chronicles of RY25-26 are presented, we continue to smile with the satisfaction of having lived a year in service of others by uniting for good.

Best wishes - President Rtn. Venkatesh, First Lady Anitta & the Board for RY 25-26

- Rtn. Ravi Varanasi









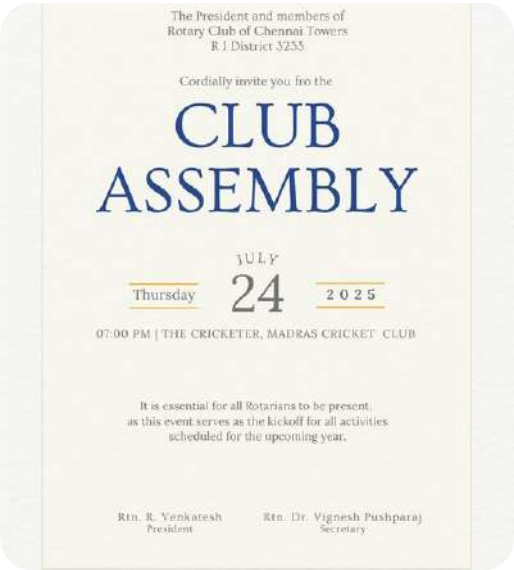


Club Assembly

24th July 2025

Madras Cricket Club

Club Assembly was held on 24th July 2025 at Madras Cricket Club. President Venkatesh and team presented the year's plan. The avenue directors and chairman presented Avenue-wise neat presentation of all activities and projects planned for the year.





Literacy

Director: Rtn. G. S. Prasad



Talk on Temple Architecture

5th July 2025

Members of KRMM Heritage school club along with Teacher coordinator attended on July 5th Talk by Dr Chitra Madhvan on Temple architecture at Sankara school. It was organized by INTACH Chennai chapter .



Spoken English Class at KRMM

14th July 2025

Literacy avenue members Anns Geetha and Carmelita took Interactive Spoken English class at KRMM school for 7th grade students on the Topic -

- a) Yoga and breathing techniques
- b) My Hobbies



Book Donation

28

14th July 2025

As part of Book donation project we distributed 100 books to Library of St Antony's Girls Higher Secondary school Madha church road on July 1 .

Crayon sets were given to primary students as part of Arts activities.

Thank you Anns Biju and Shobha for your contributions



INFORMATION BOARD	
NAME OF THE SCHOOL	: STANTONY'S GIRLS' HR.SEC.SCHOOL MADHA CHURCH ROAD, CHENNAI - 28
NAME OF THE CORRESPONDENT	: REV.SR. ELIZABETH RANI
NAME OF THE HEADMISTRESS	: REV. SR. DR. MARGARET DAISY
RECOGNITION NO. - HIGH SCHOOL	: DIS NO. : 8115/52 DT : 22.12.1962
RECOGNITION NO. - HR.SEC.	: 8-5-urdu : 83541/W13/2000 DT : 31.10.2001
UP GRADED TO HIGH SCHOOL: 1940	: HIGHER SECONDARY : 12.06.1978
UDISE NO: 33021001305	: BLOCK : TEYNAMPET
EDUCATION DISTRICT NO : 254 CHENNAI SOUTH	: CENTER NO : X - 254068
SCHOOL CODE: CHNC0038	: CENTER NO : XI & XII - 254056
TOTAL NO. OF STAFF	: 53 + 10
TOTAL NO OF STUDENTS	: 1800
PASS PERCENTAGE & SCHOOL FIRST IN STD I	: 97 % VINUSHKA ANGEL V.S 490/500
PASS PERCENTAGE & SCHOOL FIRST IN STD XI	: 100 % RAMJANI V 588/600
PASS PERCENTAGE & SCHOOL FIRST IN STD XII	: 99 % RAMYA K.N & MASIHA FATHIMA S 578/600

Speaker Meeting

17th July 2025

On behalf of the team Ann Anuradha attended Speaker meeting on 17th July at Alliance Francaise organized by Intach Chennai chapter.

Speaker - Bhujang Bhopade

Director Heritage foundation India.

Topic - Preservation of Archival Heritage of India .



Spoken English Class at KRMM

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18th July 2025

Spoken English classes were started at Anjugam primary school for students of class 5

Anns Riya and Anuradha took the class on topic Myself.





Youth Service

Director: Rtn. Adithya Roongta



Installation of Rotaract Club of Chennai Towers

20th July 2025

Installation of Rotaract Club of Chennai Towers attended by PP Rtn.Rajesh Narang, President Rtn.Venkatesh R as the Chief Guest, Secretary Rtn.Dr.Vignesh P & Youth Service Director Rtn.Adithya Roongta as Special Invitees. The installation ceremony was also graced by Rtn. Dr.Kishore C M, DRCC and Rtr. Dinesh Kumar M, DRR as Guests of Honour.



Saveetha College of Physiotherapy has opted to come under our umbrella & we are pleased to inform President Rtn. Venkatesh signed the transfer documents and we will formally have Saveetha College of Physiotherapy as our 2nd Rotaract Club by August,2025.



24th July 2025

Youth Service team shared the vision for the vertical with the members during the Club Assembly session held on 24.07.2025 in MCC



District Youth Service Director's meet was held on 26.07.2025 by the Director – District Youth Service Team to share knowledge and expectations by the clubs in 2025 – 2026.

Focus point was RYLA, expansion of Rotaract & Interact clubs by way of membership and engaging youth to drive projects, sensitise them to be service oriented and bring our leadership in them.

The meeting was attended by Rtn. Adithya Roongta on behalf of the club.




Rotary District 3233

DISTRICT YOUTH SERVICE
Team 2025-26

Presents

DISTRICT YOUTH SERVICE DIRECTORS MEET

"Empowering Youth"

Saturday 2025 | **26th** | 4:00pm to 6:00pm
JULY

TOWERS CLUB
Anna Nagar, Chennai.

Hi - Tea

In the Presence of

Rtn. D. Devendran District Governor	PDG Rtn. ISAK Nazar District Councillor	PDG Rtn. Dr. NandaKumar District Learning Facilitator
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Rtn. M. Senthil Kumar
Director - District Youth Service 2025-26



Achievements



Congratulations to Rtn. Dr. Vasumathi for being awarded 'Service Above Self' award by the CSH team of District 3233 for the year 25-26



Anniversary Celebrations



Rtn. Eashwar Prasad & Ann Shalini



Rtn. Anand & Ann Sharanya



Rtn. Vidhyadharan & Ann Mrinalini





Fun Facts about Rotary

Rotary's primary motto is "Service Above Self."
There's a secondary motto: "One profits most who serves best."

The first service project of the first Rotary club of Chicago was installation of public toilets in the city.

There are more than 1.2 Million Rotarians all over the world in more than 33,000 Rotary Clubs in more than 200 countries in all geographic areas.

The first women joined Rotary in 1987. Today, more than 196,000 women are members of Rotary International.

The country of Nauru has the least number of Rotarians of any country in the world, 11. Formerly known as Pleasant Island, Nauru is in Micronesia in the South Pacific. Its nearest neighbor is Banaba Island in Kiribati, 182 miles to the east.

The largest Rotary Club is the Oklahoma City Downtown Club with over 600 members.